

PART IV: CURRICULUM TABULATED BY WEEK, SEMESTER AND YEAR

YEAR ONE (BRAHMA YEAR) — During Increasing Light

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise & shine	rise & shine	rise & shine	rise & shine	5:00 rise & shine
	30 minute med.	30 minute med.	30 minute med.	30 minute med.	30 minute meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)
9:00	110 Constitution of Man	140 Seven Rays -Astrology	110 Constitution of Man	140 Seven Rays -Astrology	9:00 meditation academics
10:15	break	break	break	break	10:00 break
10:30	120 Elementary Science	150 Astronomy	130 Te Reo Me Ona Tikaka	160 Astronomy	10:15 discussion of rule
12:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	11:15 meditation feedback
1:00	lunch	lunch	lunch	lunch	12:00 30 minute meditation
2:00	170 Creative Arts	170 Creative Arts	170 Creative Arts	170 Creative Arts	1:00 lunch
3:15	break	break	break	break	2:00 Group process/Agni Yoga
3:30	140 Probationary Path	190 Logic - Critical thinking	130 Probationary Path	190 Logic - Critical thinking	3:00-5:00 office hours or free time
4:45	break	break	break	break	Friday eve
6:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	Saturday & Sunday personal time
6:30	dinner	dinner	dinner	dinner	
	self study & review	self study & review	self study & review	self study & review	
10:00	retire	retire	retire	retire	

YEAR ONE (BRAHMA YEAR) — During Decreasing Light

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise	rise	rise	rise	5:00 rise
	30 minute med.	30 minute med.	30 minute med.	30 minute med.	30 minute meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	
9:00	195 Debate, Project, Service	195 Debate, Project Work	180 Solutions for Humanity	195 Debate, Project, Service	9:00 meditation academics
12:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	10:00 break
1:00	lunch	lunch	lunch	lunch	10:15 discussion of rule
2:00	170 Creative Arts	170 Creative Arts	170 Creative Arts	170 Creative Arts	11:15 meditation feedback
3:15	break	break	break	break	12:00 30 minute meditation
3:30	195 Debate, Project, Service	195 Debate, Project, Service	195 Debate, Project, Service	195 Debate, Project, Service	1:00 lunch
6:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	2:00 Group process/Agni Yoga
6:30	dinner	dinner	dinner	dinner	3:00-5:00 consultation or free time
	self study & review	self study & review	self study & review	self study & review	Friday eve
10:00	retire	retire	retire	retire	Saturday & Sunday personal time

**YEAR TWO (BRAHMA YEAR) — During Increasing Light**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise & shine	rise & shine	rise & shine	rise & shine	5:00 rise & shine
	45 minute med.	45 minute med.	45 minute med.	45 minute med.	45 minute meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)
9:00	<b>210</b>	<b>240</b>	<b>210</b>	<b>240</b>	9:00 meditation academics
	<b>Kingdoms of Nature</b>	<b>Science in Macrocosm</b>	<b>Kingdoms of Nature</b>	<b>Science in Macrocosm</b>	
10:15	break	break	break	break	10:00 break
10:30	<b>220</b>	<b>250</b>	<b>130</b>	<b>260</b>	10:15 discussion of rule
	<b>Human Kingdom</b>	<b>Macroscopic Man</b>	<b>Te Reo Me Ona Tikaka</b>	<b>Deva Hierarchy</b>	11:15 meditation feedback
12:00	45 minute med.	45 minute med.	45 minute med.	45 minute med.	12:00 45 minute meditation
1:00	lunch	lunch	lunch	lunch	1:00 lunch
2:00	<b>270 Creative Arts</b>	<b>270 Creative Arts</b>	<b>270 Creative Arts</b>	<b>270 Creative Arts</b>	2:00 Group process/Agni Yoga
3:15	break	break	break	break	
3:30	<b>230</b>	<b>290</b>	<b>230</b>	<b>290</b>	3:00-5:00 consultation or free time
	<b>Path of Discipleship</b>	<b>Manas &amp; 5th Principle</b>	<b>Path of Discipleship</b>	<b>Manas &amp; 5th Principle</b>	
4:45	break	break	break	break	
6:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	Friday eve
6:30	dinner	dinner	dinner	dinner	Saturday personal time
	self study & review	self study & review	self study & review	self study & review	Sunday
10:00	retire	retire	retire	retire	

**YEAR TWO (BRAHMA YEAR) — During Decreasing Light**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise	rise	rise	rise	5:00 rise
	45 minute med.	45 minute med.	45 minute med.	45 minute med.	45 minute meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	
9:00	<b>295</b>	<b>295</b>	<b>280</b>	<b>295</b>	9:00 meditation academics
	<b>Debate, Project, Service</b>	<b>Debate, Project, Service</b>	<b>Solutions for Humanity</b>	<b>Debate, Project, Service</b>	10:00 break
12:00	45 minute med.	45 minute med.	45 minute med.	45 minute med.	10:15 discussion of rule
1:00	lunch	lunch	lunch	lunch	11:15 meditation feedback
2:00	<b>270</b>	<b>270</b>	<b>270</b>	<b>270</b>	12:00 45 minute meditation
	<b>Creative Arts</b>	<b>Creative Arts</b>	<b>Creative Arts</b>	<b>Creative Arts</b>	1:00 lunch
3:15	break	break	break	break	
3:30	<b>295</b>	<b>295</b>	<b>295</b>	<b>295</b>	2:00 Group process/Agni Yoga
	<b>Debate, Project, Service</b>	<b>Debate, Project, Service</b>	<b>Debate, Project, Service</b>	<b>Debate, Project, Service</b>	3:00-5:00 consultation or free time
6:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	Friday eve
6:30	dinner	dinner	dinner	dinner	Saturday personal time
	self study & review	self study & review	self study & review	self study & review	Sunday
10:00	retire	retire	retire	retire	

**YEAR THREE (VISHNU YEAR) — During Increasing Light**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise & shine	rise & shine	rise & shine	rise & shine	5:00 rise & shine
	1:15 meditation	1:15 meditation	1:15 meditation	1:15 meditation	1:15 meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)
9:00	<b>310</b> Esoteric Symbology	<b>350</b> Magic & Practical Occultism-Mental Plane	<b>310</b> Esoteric Symbology	<b>350</b> Magic & Practical Occultism-Mental Plane	9:00 meditation academics
10:15	break	break	break	break	10:00 break
10:30	<b>320</b> Occult Numerology & Esoteric Mathematics	<b>360</b> Esoteric Healing I	<b>320</b> Occult Numerology & Esoteric Mathematics	<b>360</b> Esoteric Healing I	10:15 discussion of rule
12:00	45 minute med.	45 minute med.	45 minute med.	45 minute med.	11:15 meditation feedback
1:00	lunch	lunch	lunch	lunch	12:00 45 minute med.
2:00	<b>370 Creative Arts</b>	<b>370 Creative Arts</b>	<b>370 Creative Arts</b>	<b>370 Creative Arts</b>	1:00 lunch
3:15	break	break	break	break	2:00 Group process/Agni Yoga
3:30	<b>330</b> Path of Initiation, 1 & 2	<b>340</b> Cosmogony and Creative Hierarchies	<b>330</b> Path of Initiation, 1 & 2	<b>340</b> Cosmogony and Creative Hierarchies	3:00-5:00 consultation or free time
4:45	break	break	break	break	
6:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	Friday eve
6:30	dinner	dinner	dinner	dinner	Saturday personal time
	30 min med. & review	30 min med. & review	30 min med. & review	30 min med. & review	Sunday
10:00	retire	retire	retire	retire	

**YEAR THREE (VISHNU YEAR) — During Decreasing Light**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise	rise	rise	rise	5:00 rise
	1:15 meditation	1:15 meditation	1:15 meditation	1:15 meditation	1:15 meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)
9:00	<b>395</b> Debate, Project, Service	<b>395</b> Debate, Project, Service	<b>380</b> Solutions for Humanity	<b>395</b> Debate, Project, Service	9:00 meditation academics
12:00	45 minute med.	45 minute med.	45 minute med.	45 minute med.	10:00 break
1:00	lunch	lunch	lunch	lunch	10:15 discussion of rule
2:00	<b>370 Creative Arts</b>	<b>370 Creative Arts</b>	<b>370 Creative Arts</b>	<b>370 Creative Arts</b>	11:15 meditation feedback
3:15	break	break	break	break	12:00 45 minute med.
3:30	<b>395</b> Debate, Project, Service	<b>395</b> Debate, Project, Service	<b>395</b> Debate, Project, Service	<b>395</b> Debate, Project, Service	1:00 lunch
6:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	2:00 Group process/Agni Yoga
6:30	dinner	dinner	dinner	dinner	3:00-5:00 faculty consultation
	30 min. med. & review	30 min. med. & review	30 min. med. & review	30 min. med. & review	
10:00	retire	retire	retire	retire	Friday eve
					Saturday personal time
					Sunday

**YEAR FOUR (VISHNU YEAR) — During Increasing Light**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise & shine	rise & shine	rise & shine	rise & shine	5:00 rise & shine
	1:45 meditation	1:45 meditation	1:45 meditation	1:45 meditation	1:45 meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)
9:00	410	450	410	450	9:00 meditation academics
	<b>Triplicities and Quaternaries</b>	<b>Magic &amp; Practical Occultism-Astral Plane</b>	<b>Triplicities and Quaternaries</b>	<b>Magic &amp; Practical Occultism-Astral Plane</b>	
10:15	break	break	break	break	10:00 break
10:30	420	460	420	460	10:15 discussion of rule
	<b>East/West Philosophical Cosmo-conceptions</b>	<b>Esoteric Healing II</b>	<b>East/West Philosophical Cosmo-conceptions</b>	<b>Esoteric Healing II</b>	
12:00	1 hour med.	1 hour med.	1 hour med.	1 hour med.	11:15 meditation feedback
1:00	lunch	lunch	lunch	lunch	12:00 1 hour meditation
2:00	470 Creative Arts	470 Creative Arts	470 Creative Arts	470 Creative Arts	1:00 lunch
3:15	break	break	break	break	2:00 Group process/Agni Yoga
3:30	430	430	430	430	3:00-5:00 consultation or free time
	<b>Lower and Higher Psychism</b>	<b>Lower and Higher Psychism</b>	<b>Lower and Higher Psychism</b>	<b>Lower and Higher Psychism</b>	
4:45	break	break	break	break	
6:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	Friday eve
6:30	dinner	dinner	dinner	dinner	Saturday personal time
	45 minute med. & review	45 minute med. & review	45 minute med. & review	45 minute med. & review	Sunday
10:00	retire	retire	retire	retire	

**YEAR FOUR (VISHNU YEAR) — During Decreasing Light**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise	rise	rise	rise	5:00 rise
	1:45 meditation	1:45 meditation	1:45 meditation	1:45 meditation	1:45 meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)
9:00	495	495	480	495	9:00 meditation academics
	<b>Debate, Project, Service</b>	<b>Debate, Project, Service</b>	<b>Solutions for Humanity</b>	<b>Debate, Project Work</b>	10:00 break
12:00	1 hour meditation	1 hour meditation	1 hour meditation	1 hour meditation	10:15 discussion of rule
1:00	lunch	lunch	lunch	lunch	11:15 meditation feedback
2:00	470 Creative Arts	470 Creative Arts	470 Creative Arts	470 Creative Arts	12:00 1 hour meditation
3:15	break	break	break	break	1:00 lunch
3:30	495	495	495	495	2:00 Group process/Agni Yoga
	<b>Debate, Project, Service</b>	<b>Debate, Project, Service</b>	<b>Debate, Project, Service</b>	<b>Debate, Project, Service</b>	3:00-5:00 consultation or free time
6:00	30 minute med.	30 minute med.	30 minute med.	30 minute med.	Friday eve
6:30	dinner	dinner	dinner	dinner	Saturday personal time
	45 minute med. & review	45 minute med. & review	45 minute med. & review	45 minute med. & review	Sunday
10:00	retire	retire	retire	retire	

**YEAR FIVE (SHIVA YEAR) — During Increasing Light**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise & shine	rise & shine	rise & shine	rise & shine	5:00 rise & shine
	2 hour meditation	2 hour meditation	2 hour meditation	2 hour meditation	2 hour meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)
9:00	510 Shamballa, Externalization	550 Magic & Practical Occultism-E.P. Plane	510 Shamballa, Externalization	550 Magic & Practical Occultism-E.P. Plane	9:00 meditation academics
10:15	break	break	break	break	10:00 break
10:30	520 Politics, Economics, Business	540 The Buddhic Plane, Laws of Union and Sex	540 Cosmic Triplicities, Quaternaries, Septenates	540 The Buddhic Plane, Laws of Union and Sex	10:15 discussion of rule
12:00	1 hour meditation	1 hour meditation	1 hour meditation	1 hour meditation	11:15 meditation feedback
1:00	lunch	lunch	lunch	lunch	12:00 1 hour meditation
2:00	570 Creative Arts	570 Creative Arts	570 Creative Arts	570 Creative Arts	1:00 lunch
3:15	break	break	break	break	2:00 Group process/Agni Yoga
3:30	595 Thesis Research and Completion	595 Thesis Research and Completion	595 Thesis Research and Completion	595 Thesis Research and Completion	3:00-5:00 consultation or free time
5:30	1 hour meditation with faculty & 5th year group	1 hour meditation with faculty & 5th year group	1 hour meditation with faculty & 5th year group	1 hour meditation with faculty & 5th year group	
6:30	dinner	dinner	dinner	dinner	Friday eve
	self study & review	self study & review	self study & review	self study & review	Saturday & Sunday
10:00	1 hour meditation	1 hour meditation	1 hour meditation	1 hour meditation	
	retire	retire	retire	retire	

**YEAR FIVE (SHIVA YEAR) — During Decreasing Light**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday - Meditation Work
5:00	rise	rise	rise	rise	5:00 rise
	2 hour meditation	2 hour meditation	2 hour meditation	2 hour meditation	2 hour meditation
7:30	breakfast	breakfast	breakfast	breakfast	7:30 breakfast
	(exercise/walk)	(exercise/walk)	(exercise/walk)	(exercise/walk)	
9:00	595 Finalize Thesis	595 Finalize Thesis	580 Solution for Humanity	595 Finalize Thesis	9:00 meditation academics
12:00	1 hour meditation	1 hour meditation	1 hour meditation	1 hour meditation	10:00 break
1:00	lunch	lunch	lunch	lunch	10:15 discussion of rule
2:00	570 Creative Arts	570 Creative Arts	570 Creative Arts	570 Creative Arts	11:15 meditation feedback
3:15	break	break	break	break	12:00 1 hour meditation
3:30	595 Finalize Thesis	595 Finalize Thesis	595 Finalize Thesis	595, Finalize Thesis	1:00 lunch
5:30	1 hour meditation with faculty & 5th year group	1 hour meditation with faculty & 5th year group	1 hour meditation with faculty & 5th year group	1 hour meditation with faculty & 5th year group	2:00 Group process/Agni Yoga
6:30	dinner	dinner	dinner	dinner	3:00-5:00 consultation or free time
	self study & review	self study & review	self study & review	self study & review	Friday eve.
10:00	1 hour meditation	1 hour meditation	1 hour meditation	1 hour meditation	Saturday & Sunday
	retire	retire	retire	retire	personal time