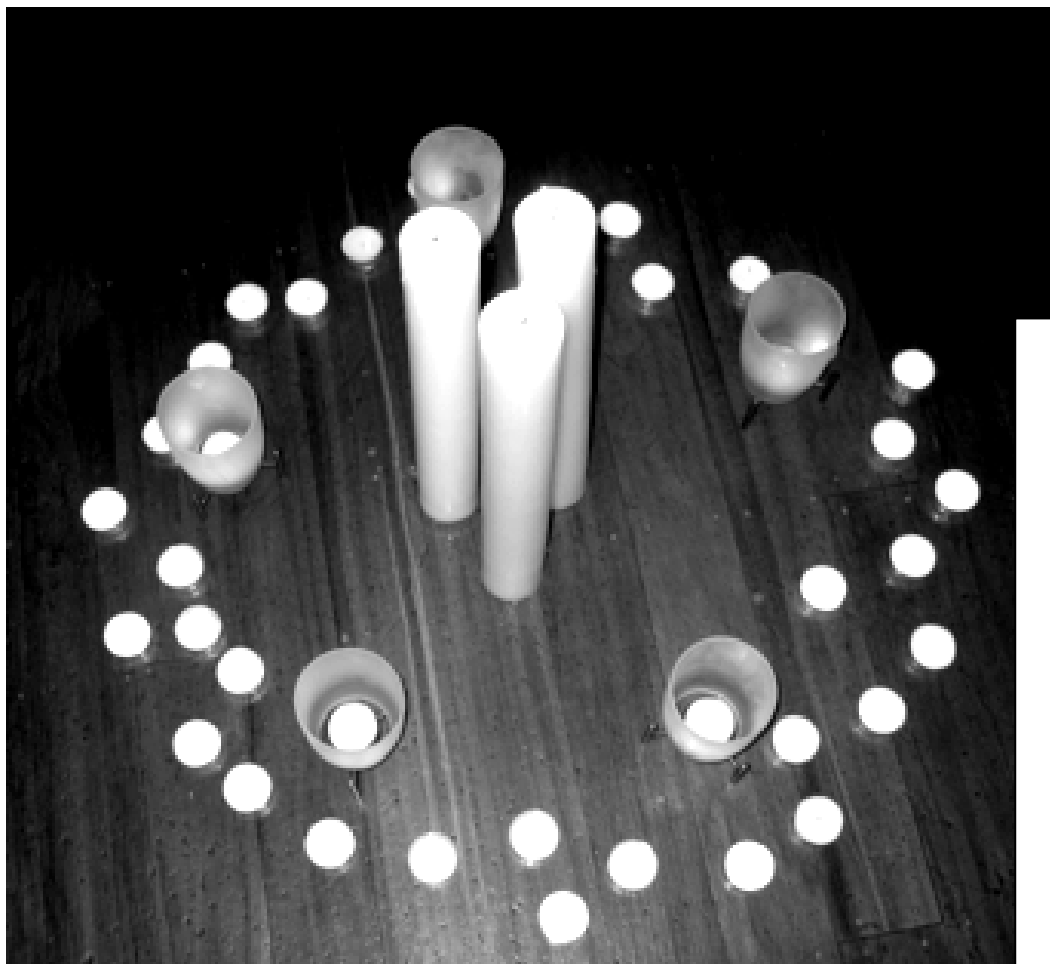


# Christ College of Trans-Himalayan Wisdom

## *ESOTERIC STUDIES IN NEW ZEALAND*

Jan. Feb. March 2006 No 38.

## *ESOTERIC STUDENTS' NEWSLETTER*



*May the very  
best wishes of  
the Holiday  
Season be with  
you and the  
New Year  
bring  
Light and Love  
and Power  
to all that you  
experience in  
2006.*

### Christ College of Trans-Himalayan Wisdom

Office 30 Rutland St. St Albans.

PH 03 3551395

FAX 03 355 1396

### The College and Points of Light LTD

405 Long Bay Rd

PO Box 154. Akaroa

NEW ZEALAND

Email: [sevenrays@clear.net.nz](mailto:sevenrays@clear.net.nz)

[www.seven-ray.org](http://www.seven-ray.org)

### Newsletter Deadlines 2006

**March 10<sup>th</sup>**

**June 10<sup>th</sup>**

**Sept. 10<sup>th</sup>**

**Dec. 2nd**

Please send info. in Word or RTF Format

Email: [sevenrays@clear.net.nz](mailto:sevenrays@clear.net.nz)

### Contents

### Page

Spot On	2
NGWS	2
Self forgetfulness	4
Harmlessness	5
Right Speech	6
Mantras	7
Akaroa Meditations	8
New and Full Moon Meditations 2006	9
Courses and Body Balance News	10
Language of Energy	11
Christ College Updates	12-13
Conference Review	14-15

# SPOT ON

We are used to instant things, just grind coffee beans to powder, add hot water. That's it. Immediate gratification, even for the banalities of life.

Instant Christmas? Combine peace and gifts and Bar-B-Q? Not quite. The angels above the hills of Bethlehem promised peace to "all mankind with goodwill". Goodwill is a turn-around from the banal to the sacred: Christ comes into the equation.. It's His festival, we celebrate His first coming, He has the say.

If He has the say what are we to do? Certainly not to go into overspending and extending credit limits while earthquake victims high up in Asian mountains freeze to death. Christmas is about life, always. Also in 2005.

Goodwill seems so basic we should find it on the first shelf in every supermarket of human consciousness. And the results? No one would live in fear of famine and disasters? No one would go hungry for love, respect and tolerance? I don't know - maybe that's where the 'hot water' comes in? And that means: Step out of your comfort zone and into the need of someone who has lost their voice because life can be hard, can push people to the brink of despair.

Submitting to a babe in the manger, with angels and shepherds around it, looks sweet and easy. But, dear me, the distance Christ stepped down is outside all our measurements! He was born into anonymity, by-passing all Messiah expectations of the old Jews, let loose on a world ill prepared and he is still today abused in children and oldies, tortured in soldiers and their 'enemies' alike ... suffering more than ever.

Bethlehem's angels came down as messengers of great joy: "Today is born the Christ, in David's town, go and adore Him". 'David's town' is everywhere where love manifests, could be Timaru or Timbuktu and any meeting point of old customs and new challenges in between.

Go and adore Him and you will know. Then sing and meet, eat and celebrate. Have a happy Christmas! Indeed.

**Lotti**

## THE NEW GROUP OF WORLD SERVERS

One of the greatest events of the 20<sup>th</sup> century was the creation of a major group for good within the kingdom of nature, which we call Humanity. In 1932, a pamphlet called The New Group of World Servers written by the Master of the Wisdom, Djwhal Khul, heralded the emergence of this group and outlined its nature and mission.

In order to understand the significance of this emerging group, one has to remember or imagine the world between the two World Wars. (Or as the Tibetan Master D.K. describes it: the interlude within one Great War.) It was a time of tremendous suffering and change. Due to World War I, many national boundaries had changed and there was a new sense of globalism. Because of the suffering caused by death, illnesses and displacements, Humanity was crying out for relief. World governments seemed to be unable to solve the economic crisis, which left a large proportion of the Western world unemployed. At the same time, there was an attempt at world government through the failed League of Nations, women had gained the vote in most Western countries and there was a vast tide of innovations in the world of technology and science.

The pamphlet was a dynamic assault on the prevailing beliefs of Humanity. It revealed that individuals were not striving and achieving alone. It was no longer true that individuals and groups labored to solve human problems, but instead these individuals and groups were a part of one group. They could rely on each other for support, insight and coordinated efforts.

What was created was a vision in which a significant proportion of Humanity (at the time it was written, several million were said to belong to this new group) emerged into light. The planetary Hierarchy, the kingdom of souls with the Christ at its heart, was making a great approach to Humanity. Hierarchy's approach (a field of consciousness radiating light) revealed the relationships between all those souls who are beginning to know they are the soul and coming to love Humanity.

The New Group of World Servers was described as all those who seek to heal the breaches, evoke brotherhood, foster inter-relation and see no barriers between people.

Since this description could also apply to those who comprise the Hierarchy, we can see that the group identifies with Hierarchy and is expected to serve as an intermediary between Hierarchy and Humanity. The group is a bridge of light and love.

It is intended that the NGWS become a vast powerhouse and station of light. It has become a powerhouse by identifying with the Will of God. With such an anchor point, its task is to pierce the illusions, which exist within the world community. We can say that its task is to reveal the reality, which stands behind appearances. Each of these revelations influences the quality of public opinion.

As the NGWS is becoming successful with our mission, one outcome is that we are thinking as One. Increasingly, we are honoring of the viewpoints of the many individuals and groups while maintaining a clear sense that we/Humanity are doing the thinking.

The NGWS finds its source of inspiration to be the soul or Kingdom of Souls. We are meditators in the very broad sense of the word. We have practices, which allow us to enter the silence and find inspiration. We might say that we are anchored at a weigh station upon the Rainbow Bridge or Antahkarana.

Just as we can say that light emerged from Hierarchy and revealed the NGWS within the body of Humanity, we can also say that love emerged from Hierarchy and revealed love within a group field. The energy of love is concentrated within this group to such an extent that it is apparent that we are an aspect of the Christ reappearing. We are charged by the Hierarchy to use loving intelligence to prepare for the reappearance of the Christ.

The most powerful concept that we are to work with is goodwill. We must awaken Humanity to the wealth of goodwill that exists everywhere. As people come to recognize goodwill all around

them, fear retreats. Each unit within the whole feels free to reach out, trust and give. Goodwill has been described as the saving force, which animates the NGWS.

The outcome of our work is nothing short of creating a new civilization; a New World order. Within nations, we work to help the soul of each nation emerge. As it does this, each nation becomes aware of its unique destiny; it is able to co-operate rather than compete. We foster forgiveness so that the past can be seen as a rich field of learning in the midst of a form which can be forgotten. We listen to Humanity's needs so that we can adjust our inner demands for those needs to be met. We seed those ideas, which will bring betterment of conditions.

The NGWS develops and functions in 3, 7 and 21 year cycles. A seven-year cycle concludes and a new one begins in this year. From 21-28 December in a flood of Capricorn energies, we will celebrate this cycle in the Week of the NGWS. Individuals and groups in all areas of the world will meditate study and promote and disseminate the ideas for human and planetary evolution.

\*\*\*\*

### Five o'clock Mantram / Mantram of NGWS

May the Power of the one Life  
pour through the group  
of all true servers.

May the Love of the One Soul  
characterize the lives of all who  
seek to aid the Great Ones.

May I fulfil my part in the One work  
through  
self-forgetfulness, harmlessness  
and  
right speech.

\*\*\*\*\*

*Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has.* "Margaret Meed"

## SELF FORGETFULNESS

Self-forgetfulness is the first of the three characteristics of one who is a member of the New Group of World Servers. Since this group is composed of all those who are on the path of service to Humanity, this is a quality that each of us should understand and cultivate.

Much of an understanding of self-forgetfulness can come through an understanding of the sign of Leo. This sign is ruled by the Sun on every level. And, the Sun is a symbol of the self: a unit of identity or a ring-pass-not of awareness. In this sign the question that is relentlessly asked is: Who am I and what is the Self?

Initially, the answer is: I am a separate individual. I have the unique characteristics of a specific personality composed of the nature of my coordinated three bodies. I can describe myself by telling you the nature of my body, my emotional life, and my mental abilities. I am an actor with a particular destiny.

As a server of humanity or disciple the answer is found through a process of self-recollection. The answer to the question becomes: I am a unit of consciousness with in a field of consciousness. I am the soul and know all others as soul. With this knowledge of who I am, I am taken from a state of separateness and into a rich field of relationship. I identify myself as being the group.

In the state of self-forgetfulness, the individual is merged in the good of others. The true self is seen in the other which allows the disciple to express in ways that allows the good/the true gifts to emerge in the other. It can be said that self-forgetfulness occurs when one is

concentrated on serving others. It can equally be said that one serves others through self-forgetfulness.

Ultimately, self-forgetfulness (self-recollection) means that one seeks nothing for the separated self; nothing for the personality. This removes the barriers between the individual and those within the Hierarchy that are seeking to serve through him. The individual becomes a group identified primarily with love and seeking to heal and make whole.

Self-forgetfulness sums to 11. This reminds us that the 1<sup>st</sup> Ray of Will and Power conditions the sign of Leo. The path of self-forgetfulness or identification with the Self destroys all lesser identifications of self and we return to the One Self. Although the 2<sup>nd</sup> Ray of Love/Wisdom does not rule Leo, we can see in the two ones that love is a dominant hidden force within self-forgetfulness. Finally, we are told that 11 means: An Adept Wielding Force. An adept is a Master of the Wisdom; a member of the Hierarchy.

Self-forgetfulness is a state of awareness, which constitutes complete identification with the Self that is the soul. In such an identification great power can become focused and then emerge from a field of love.

Self-forgetfulness admits the individual or group into the New Group of World Servers. Once admitted, our level of self-forgetfulness determines our usefulness. It determines our ability to be a strand of love, light and power on a bridge between Humanity and Hierarchy.

## HARMLESSNESS

Each disciple on the path is enjoined to cultivate harmlessness. It is a quality of all those who comprise the Christ inspired group: the New Group of World Servers. If we express it/embody it, we stand in the inflow of Life itself.

Perhaps we must have a clearer sense of what is harm. In this context, we can see harm as anything which prevents another from advancing or evolving. Harm awakens fear. Harm creates a sense of separation or loneliness. Harm feeds those aspects of a person or situation that anchors the other within their personality.

To understand both harm and harmlessness, it is helpful to look at them in the context of the nature and issues of Scorpio. This sign rules discipleship with its crisis as one journey's between heaven and hell. It is the sign we associate with death or transformation.

Mars rules Scorpio on the level of the personality. Harm is created by the warrior who lives in the world of You or Me. He gains power over others through understanding and using the fears of others against them. Feeding an ego that loses its light in a maze of addictions does harm.

When the disciple works as a Scorpio, then the sword of Mars become a scalpel of light. He knows his own inner harm and knows that the faults he sees in others are reflecting his own. The disciple is able to dispel glamour or the psychological distortions of reality by directing the soul light into the world of others. He seeks to heal not harm.

Mars is the ruler of the solar plexus chakra. Through the solar plexus we seek to dominate, empower our lower mind and wield mastery over the world through our desires. Here is major source of potential harm.

By our separative actions, we create negative karma. Harmlessness offsets karma by refocusing the little will to the will of the greater good. We might call this a shift from desire to aspiration.

This is possible because there is also an upper lobe to the solar plexus and Neptune rules it. The effect of Neptune on this centre is to produce a depersonalization of desire and compassion and identification with the suffering of others. Harmlessness is promoted by visualizing energy moving from the lower solar plexus to the higher solar plexus.

Neptune is a bridge between the heart and the solar plexus. Therefore, the above work dissipates the obstructions to a free flow of love. Harmlessness promotes love, group unity and right relationship or order.

Harmlessness can be likened to an ark. It allows one to float upon the water (emotion) without being drowned within it. It allows friend and foe to live in peace and harmony. It can be used as a vessel to travel between worlds.

Thank you to everyone who has  
contributed to  
*The Esoteric Students Newsletter*  
this year.  
Articles, Photos, Poems and  
Advertisements  
are always welcome.  
Please consider contributing in 2006

## RIGHT SPEECH

Right speech is the third and final means for the members of the New Group of World Servers to achieve their purpose. As an expression of the third aspect, it has much to do with what we create in the world.

Speech is a throat centre activity. The sign Taurus rules this centre. And, Taurus also rules the New Group of World Servers. Therefore, we know that this right speech is the impact of this group within the world community and that Taurus will describe the nature of right speech.

Taurus is the sign, which governs values. Values exist upon their own plane, but they are also the cause of what manifests upon the physical plane. Refinement of values leads the individual to produce forms, which free him and others rather than embed him and others in material attachments.

The image of Taurus is the rushing bull with the light shining from its forehead. This is a symbol of the power of this sign to focus the light of the soul and direct it into the world of desires. Thus, Taurus bears the light of liberation.

This can also be said of the disciple or member of the New Group of World Servers who shines the light of right speech. The disciple is giving expression or creating forms for ideas to live within. These are the new ideas of the future: brotherhood, goodwill, unity, essential divinity, etc.

Meditation creates right speech. Through alignment and then meditation, the disciple opens to the intuition of the soul.

The mind becomes flooded with these impressions. We can say that he then creates forms of beneficent purpose.

Right speech unifies, includes, strengthens and lifts. This is the exact opposite of common speech which always refers to the personality; drawing attention to the little self through gossip, criticism or judgments.

Right speech sums to  $64=10=1$ . The Will of God is also the same numerical pattern. This is a reminder of how strong the 1<sup>st</sup> Ray of Will and Power is in the sign of Taurus. Right speech fulfils a higher purpose.

The Buddha was a Taurus. Right speech is one of the paths within the Buddhist 8-fold path. The Buddha embodied the 2<sup>nd</sup> Ray quality of wisdom. His teachings make known the fact that right speech occurs through the generation of wisdom and the resting in the teachings.

The Tibetan Master D.K. has said that the Buddha created a rent in the world illusion; ripping it from top to bottom and allowing the light to flood in. This image conveys the 1<sup>st</sup> ray energy of penetration and destruction. Right speech also has the power to destroy that which is unworthy as well as unify and uplift.

Right speech is both the inner and outer expression of thought. Our tools to achieve this are mindfulness, meditation and mastery. We build in the light if our head and heart are filled with light

(Lawson)



## Mantras

### THE GREAT INVOCATION

From the point of Light within the Mind of God  
 Let light stream forth into the minds of men.  
 Let Light descend on Earth.

From the point of Love within the Heart of God  
 Let love stream forth into the hearts of men.  
 May Christ return to Earth.

From the centre where the Will of God is  
 known  
 Let purpose guide the little wills of men --  
 The purpose which the Masters know and  
 serve.

From the centre which we call the race of men  
 Let the Plan of Love and Light work out.  
 And may it seal the door where evil dwells.

Let Light and Love and Power  
 restore the Plan on Earth.

**Om Om Om**

### **Affirmation of a Disciple**

I am a point of light within a greater Light.  
 I am a strand of loving energy within the  
 stream of love divine.  
 I am a point of sacrificial Fire, focussed within  
 the fiery Will of God.  
 And thus I stand.

I am a way by which men may achieve.  
 I am a source of strength, enabling them to  
 stand.  
 I am a beam of light, shining upon their way.  
 And thus I stand.

And standing thus revolve  
 And tread this way the ways of men,  
 And know the ways of God.  
 And thus I stand.

\*\*\*\*\*

### **THE MANTRAM OF UNIFICATION**

The sons of men are one and I am one with  
 them.  
 I seek to love not hate;  
 I seek to serve and not exact due service;  
 I seek to heal, not hurt.

Let pain bring due reward of light and love.  
 Let the soul control the outer form,  
 And life and all events,  
 And bring to light the love  
 That underlies the happenings of the time.

Let vision come and insight.  
 Let the future stand revealed.  
 Let inner union demonstrate and outer  
 cleavages be gone.

Let love prevail.  
 Let all men love.

## Meditation Temple

**Meditations are held on the temple site at the time of the full moon.**

Capricorn January 14<sup>th</sup> 5pm

Aquarius February 13<sup>th</sup> 5pm

Pisces March 15<sup>th</sup> noon

Aries April 13<sup>th</sup> 5pm

Taurus May 13<sup>th</sup> 6.60pm

Gemini June 11<sup>th</sup> 5pm

Cancer July 11<sup>th</sup> 2.30pm

Leo August 9<sup>th</sup> 5pm

Virgo September 7<sup>th</sup> 5pm

Libra October 7<sup>th</sup> 3.30pm

Scorpio November 5<sup>th</sup> 5pm

Sagittarius December 5<sup>th</sup> 1pm

**PH: 03 355 1395 FAX: 03 355 1396**

**E-MAIL [lawsonb@ihug.co.nz](mailto:lawsonb@ihug.co.nz) or**

**[sevenrays@clear.net.nz](mailto:sevenrays@clear.net.nz)**

**For Sale in Support of**

**Points of Light and Christ College  
of**

**Trans-Himalayan Wisdom.**

**Meditation Tapes:** Tapes of most full and new Moon Meditations are available for minimal cost. **The Silent Space - Meditation for Life Tape** is available for those wishing to use a guided Meditation for Solar Fire Festivals and for the expansion and development of the Antahkarana.

**Mouse Pads** with a photo of The meditation Temple and the words of The Great Invocation.

**CD's :** Several CD's are available from a variety of sources. Including Katherine O'Brien singing all three versions of The Great Invocation, works by Harold Moses and Dr M.D. Robbins.

These are all fantastic products that help support the one-work.

## **COSMIC FIRE**

**Join the Tutorial group... we meet on the 1<sup>st</sup> Sat. of each month at 30 Rutland St.**

Please contact Katherine or Lawson ASAP.  
PH 355 1395 See also [www.seven-ray.org](http://www.seven-ray.org)

## **Long Bay House.**

Long Bay House is available for hire. The facilities hold 24 for a sit-down workshop and can sleep 10 over night.

**Costs: \$20/person per day.**

**Group and overnight rates are available on request.**

*Please contact Christ College for further details and bookings.*

30 Rutland St, St Albans, CHRISTCHURCH

PH: 03 355 1395 FAX: 03 355 1396

E-MAIL [lawsonb@ihug.co.nz](mailto:lawsonb@ihug.co.nz);

[sevenrays@clear.net.nz](mailto:sevenrays@clear.net.nz)

**Photos available on the web site**

Website: [www.seven-ray.org](http://www.seven-ray.org)

*Several items in these facilities were purchased with grants from Pub Charities. We thank them for their ongoing support.*

## **Meditation Retreats:**

14-16 April Aries-Easter- Festival of the Risen Christ

12-14 May Taurus-Wesak- Festival of the Buddha.

9-11 June Gemini-Festival of Goodwill.

4-6 August. Leo -Self awareness

**These Retreats begin at**

**7 pm on the Friday** at Long Bay House 405 Long Bay Rd, Akaroa. They will end at **4pm on the Sunday.**

**Food:** BYO Food to Share

**Cost:** \$200/Weekend Accommodation \$20/night  
Group houses are rented in Akaroa.

**Please bring:** Personal items, paper and pens, food, snacks and drinks.

Please contact us for further details **PH 03 3551395 FAX 03. 355 1396**

**CHRIST COLLEGE OF  
TRANS-HIMALYAN WISDOM  
WEB SITE [www.seven-ray.org](http://www.seven-ray.org)**

This site is regularly updated.

You can download the Newsletter; keep up with events that happen between Newsletter printings and see some of the photos of current projects and events.

Please contact us if you have a relevant link.

# Christ College of Trans-Himalayan Wisdom.

Full and New Moon Meditations.

**Full and new moon meditations are held  
at 7.30 pm upstairs at  
The Christchurch Arts Centre.**

(Actual times are indicated in the brackets)

## FULL MOON DATES AND TIMES 2006

*Capricorn- January 14<sup>th</sup> (14/110.49pm)*

**Keynote "Lost in the light supernal, yet on that light I turn my back."**

*Aquarius- February 12<sup>th</sup> (13/2 5.45am)*

**Keynote "Water of life am I, poured forth for thirsty men."**

*Pieces- March 14<sup>th</sup> (15/3 12.36 pm)*

**Keynote "I leave the Father's House and turning back I save."**

*Aries-Easter- Festival of the Risen Christ. April 13<sup>th</sup> (14/4 4.41am)*

**Keynote "I come forth and from the plane of mind I rule."**

*Taurus-Wesak- Festival of the Buddha.*

**May 12<sup>th</sup> (13/5 6.52pm)**

**Keynote "I see and when the eye is open all is light."**

*Gemini-Festival of Goodwill.*

**June 11<sup>th</sup> (12/6 6.04am)**

**Keynote "I see my other self, and in that waning self, I grow and glow."**

*Cancer. July 10<sup>th</sup> (11/7 3.03pm)*

**Keynote "I build a lighted house and there in dwell."**

*Leo. August 9<sup>th</sup> (9/8 10.55pm)*

**Keynote "I am That and That am I"**

*Virgo. September 7<sup>th</sup> (8/9 6.43am)*

**Keynote "I am the mother and the child, I God, I matter am."**

*Libra. October 6<sup>th</sup> (7/10 4.14pm)*

**Keynote "I choose the way which lies between the two great lines of force."**

*Scorpio. November 5<sup>th</sup> (6/11 1.59am)*

**Key note "Warrior am I, and from the battle I emerge triumphant."**

*Sagittarius. December 4<sup>th</sup> (5/12 1.26pm)*

**Keynote "I see the goal, I reach that goal and then see another."**



## NEW MOON TIMES FOR 2006

*Aquarius- January 29<sup>th</sup> (30/1 3.16am)*

**Keynote "Water of life am I, poured forth for thirsty men."**

*Pieces- February 27<sup>th</sup> (28/2 1.32pm)*

**Keynote "I leave the Father's House and turning back I save."**

*Aries- March 29<sup>th</sup> (29/3 10.16pm)*

**Keynote "I come forth and from the plane of mind I rule."**

*Taurus-April 27<sup>th</sup> (8/4 7.45am)*

**Keynote "I see and when the eye is open all is light."**

*Gemini- May 26<sup>th</sup> (27/5 5.27pm)*

**Keynote "I see my other self, and in that waning self, I grow and glow."**

*Cancer. June 25<sup>th</sup> (26/6 4.06am)*

**Keynote "I build a lighted house and there in dwell."**

*Leo. July 24<sup>th</sup> (25/7 4.32pm)*

**Keynote "I am That and That am I"**

*Virgo. August 23<sup>rd</sup> (24/8 7/11am)*

**Keynote "I am the mother and the child, I God, I matter am."**

*Virgo. September 22<sup>nd</sup> (22/9 11.46pm)*

**Keynote "I am the mother and the child, I God, I matter am"**

*Libra. October 21<sup>st</sup> (22/10 6.15pm)*

**Keynote "I choose the way which lies between the two great lines of force."**

*Scorpio. November 20<sup>th</sup> (21/11 11.19am)*

**Key note "Warrior am I, and from the battle I emerge triumphant."**

*Sagittarius. December 20<sup>th</sup> (21/12 3.02am)*

**Keynote "I see the goal, I reach that goal and then see another."**

A donation of \$5 or more if you can  
(to help with room hire) is appreciated.

**A tape of the talk is available for \$5**

## ASTROLOGY CLASSES

### Astrology 1 for Beginners

Please enroll now for astrology classes in 2006  
**Wednesdays 7-9 PM. begins 25/1/06.**  
 10 sessions. \$20 per class.

*Lawson will again be presenting his dynamic and interactive astrology workshops. This is your opportunity to learn about astrology and to explore your own chart in a supportive environment.*

*Please book with Lawson on  
 (03) 355 1395*

## Body Balance

*Life Force – the makers of Body Balance have a programme in place that allows users of Body Balance and the range of other products to derive an income from the sale of these items.*

The steady income (Av.\$800/month) from the sales of these products is the financial force that has enabled the Temple to be built. Body Balance sales are really helping to ground the vision of the Meditation Temple on the Banks Peninsula.

*The income is helping to see vision become reality for individuals and groups.*

*If you are interested in increasing your income or buying a bottle of Body Balance, 15% will go to Points of Light to fund Christ College.*

### BODY BALANCE AND OSTEOPROCARE USER COMMENTS

*Ola Swolf (Christchurch): I began to use Body Balance three years ago. This was just after the diagnosis and treatment for cancer. My body had been really knocked around. I wanted to use a product that would rebuild my body. It was easy to take as it was liquid and I liked the taste. I read the information on the sea minerals and aloe vera juice that was in it and believed that it would work. My belief was an important part of why the product has worked so well for me and why I continue to take it.*

*I began to take OsteoProCare a few months later when I decided to eliminate dairy from my diet. As a young person, I had exercised a lot. I had damaged my body and have had hip and knee replacement. I wanted a product that would replace the calcium that I was not getting through dairy. And, I wanted to be pain free and not have further surgery.*

*I can not say that I have liked the taste of OsteoProCare. But, I continue to use the product because it seems to work. If I am sensible in my physical activities, I do not have any pain. And, I have not needed to have further surgery.*

**Please contact: Leonie (03 355 1395)**

More info is available from;  
[www.lifeforce-intl.com](http://www.lifeforce-intl.com)

## LAWSON BRACEWELL - ASTROLOGER

Lawson is available for soul-centred astrology in Christchurch either in person or for taped readings. He has a natural ability to see to the heart of an individual and his focus is on revealing the soul's potential for the client and pointing out ways of allowing that to be expressed by the client.

### **Valentine's Day Offer.**

**.Lawson will do mini relationship reading for anyone who has read this newsletter and books a reading before 14/2/06**

For readings please contact him on:  
**(03) 355 1395 or email**  
[lawsonb@ihuq.co.nz](mailto:lawsonb@ihuq.co.nz)

## TRIANGLE CENTRE

(Established 1970)

**Books available by mail order from the Triangle Centre include** Alice Bailey, Agni Yoga, Torkom Saraydarian, Sundial House.

### **Contact**

**124 Wellington Rd, Paekakariki**  
**PO Box 25, Paekakariki**  
**Tel/fax: (04) 905 7181**

# Christ College of Trans-Himalayan Wisdom

There are many opportunities for those interested in Esoteric Education,  
Astrology, Meditation and Psychology.

*Please enroll now*

## Language of Energy

The language of Energy is a diploma course focused on building groups and exploring the importance of group work.

- ★ *All of the subjects studied will be used as an aid to group processing. Developing an understanding of the Psychological, Ray and Astrological energies of individuals within the group will assist you in appreciating and working with group dynamics. You will learn techniques to increase your intuition. Would you like to use your heart and mind more intelligently?*
- ★ *Are you interested in exploring your life direction?*
- ★ *Do you wish to have increased sensitivity and skills in relationships and groups?*
- ★ *Have you ever wanted to know more about Astrology?*
- ★ *Does developing greater understanding of the growth process of other people appeal to you?*
- ★ *Would you like to better understand the energies of the subtle worlds and work with these to achieve greater satisfaction in life?*

**Everything in the solar system is Energy.  
On the Earth it streams forth from the planetary heart  
using the energy of Love.**

### Course Details.

*An intensive nine-month programme leading to a Diploma in Esoteric Psychology.*

The dates for the 2006 Course: 16-21/2, 18-23/5, 17-22/8, 16-21/11.

**Focus:** - An introduction to working with the energy in relation to both the individual and the group.

**Format:** - Four five-day residential intensives (one each 3 months) lead by three main tutors and supported by past students. To be held at Christ College of Trans-Himalayan Wisdom, Long Bay Rd. Akaroa.

**Requirements:** -Monthly papers and reports plus a research paper. Payment of all course fees.

**Cost:-** 4 intensives @ \$550 each and 9 monthly payments of \$75. (Payment terms are negotiable.)

**Not included are accommodation, travel, food and textbook costs.**

**Please Enroll NOW!**

### Please contact:

**Christ College of Trans-Himalayan Wisdom**

**Office** 30 Rutland St. St Albans.

PH 03 3551395 FAX 03 355 1396

**The College and Points of Light LTD**

405 Long Bay Rd

PO Box 154. Akaroa

NEW ZEALAND

Email: [sevenrays@clear.net.nz](mailto:sevenrays@clear.net.nz)

[www.seven-ray.org](http://www.seven-ray.org)

These courses prepare students for the  
MSE in Esoteric Psychology that is  
supported by  
*The University of the Seven Rays*  
(USA)

**Please enquire NOW!**

## Updates and Information

Christ College of Trans-Himalayan Wisdom

SILENT SPACE  
OPEN TO ALL IN NEW ZEALAND



During October, students attended a 7-day study of the book *A Treatise on Cosmic Fire* at Christ College. On each day there were meditations and rituals in the Silent Space (the meditation temple at Christ College).

One of the many insights that came out of these meditations was the realization that the space had developed a new level of vitality and ability to serve. The temple has always been open to anyone at anytime. But, the insight indicated that now was a time to let as many individuals and groups in New Zealand and the world know that they could take some ownership of this space.

The meditation temple is at the heart of Christ College and is used by all those affiliated with the College. However, it is a free space. We see ourselves as caretakers of this space. It is owned, however, by all those who use it.

We encourage you to come and visit the Silent Space. It is always open. The views, both inner and outer are spectacular. This coming holiday season may present you with the perfect opportunity to visit.

## NGWS FESTIVAL WEEK

Every seven years we have an opportunity to participate in a very special festival. This is the Festival of the New Group of World Servers. It is from 21-28 December.

It begins on 22/12 at 7:37AM in New Zealand. The time marks the moment that the Sun moves into the sign of Capricorn.

The significance of the festival beginning as the Sun moves into Capricorn is tied to the tradition that World Savors are born at this time. The NGWS is a group comprised of several million members who represent the Christ and are the forerunners of his appearance.

We live in momentous times. The re-appearance of the Christ and the externalization of the Spiritual Hierarchy are close. Many traditions have prophecies that point to the period that we live in. (For instance, during the next festival of the NGWS in 2012, the Mayan calendar is said to end and produce a major shift in human awareness).

Millions will participate, consciously or unconsciously, in the festival. We can participate in many ways. The most potent is to meditate and particularly at 5PM. We can increase the frequency that we use the Great Invocation. It is our most powerful mantra for invoking the soul of Humanity. And, we can reach out to those we come in contact with and listen, support and seed the new ideas of Brotherhood, Goodwill and Sharing.

We, at Christ College of Trans-Himalayan Wisdom, will participate in the festival by holding public meditations in the Silent Space on 7AM on 22/12 and then at 5PM from 22-29/12. There will be a talk, which follows each of them. Feel free to attend.

**TREES**



**The wind breaks around the newly planted trees.**

This spring at Christ College we planted over 2000 trees around the meditation temple and Long Bay House. We were blessed in every way as we did this work.

We received \$550 in donations towards the cost of the trees. Many people gave many hours of their time to plant the trees. For, both of these gifts, we are very grateful.

And then, nature herself gave us full support. We have just had the most tree-friendly spring for many years. It has been warm. But, most important, it has been consistently wet. Our hebes, totara, manuka and kanuka trees have put down roots and put out new growth. They are off to a running start.

During the summer, come and meet them and become friends with the trees. They will be the guardians of this space.



**The Silent Space- Open to All Visitors.**

**FINANCIAL SUPPORT FOR CHRIST COLLEGE**

We have been blessed with financial support from the very beginning of our project to manifest Christ College of Trans-Himalayan Wisdom as a residential school of meditation. Many people from many countries donated the money that purchased the land and built the temple. We have accomplished much with the generous support of a worldwide community: members of the New Group of World Servers.

Recently, we have focused on the sources of donations and have been impressed with one group of donators. This group is made up of those who have set up automatic payments.

Our current group of those that donate in this way donate \$10-20 per week. This seems like small amounts, but a person who donates \$10 per week, will donate \$520 over a year's time. When, all the individual's donations are added together they constitute a significant percentage of our income.

We are a charitable trust. One third of any money donated to us can be reclaimed through the IRD. For those living in the US, any money donated to the University of the Seven Rays and designated for us, can also merit a refund from the IRS.

We need your financial support for the on-going development of this project. Please contact us if you would like further information about Christ College and our current projects.

\*\*\*\*\*

**May Peace Prevail on Earth**

\*\*\*\*\*

## Conference for Humanity 2005 SOUL WISDOM ( In Brief)

The 2005 Conference for Humanity was attended by around 70 people. It was a wonderful experience for the participants and presenters alike. Each day began with a group mediation that allowed participants to centre and become as One.

The Plenary session on Saturday began with A Call for Action –Humanity’s service. Lawson Bracewell gave an overview of the new educational initiatives and spoke of the bridging work that is now happening in some main stream schools such as Unlimited in Christchurch. Michael Robbins continued the theme with ideas about Meditation as a tool for humanity and led the opening meditation using the Theme of redemption of Humanity.

The second session of the day was designed to inspire Integrity and help participants acknowledge their own Life Principles. Lead by Michael Robbins who introduced three outstanding speakers, Tom Brophy, Daryl Fell and Steve Nation who each gave a brief overview of their work as a Scientist, Astrologer and Peace emissary for the UN. This led to small group discussions and became a great talking point throughout the conference as participants shared their own inspirations and life work.

After lunch Rev. Maurice Gray enlightened us with his stories of Life, Death and moving into the Light as One People from a Maori perspective. He was supported by Lawson who spoke of the exoteric and esoteric destiny of NZ from an astrological perspective.

The afternoon concluded with a choice of three workshops. After dinner we were entertained with a musical performance from several students from Lincoln and amused by the exploits of ‘The Normal

Family’ in a short performance led by Eva and friends. *Never again will we try to dance to someone else’s rhythm!!* And we will always listen to the beat of our own hearts!

On Sunday morning we were awakened to the energy of the sun’s day by Jenny Funston who led us in the IN. An In is a series of sounds and movements designed to promote and encourage Peace. We were then inspired by the work of three pioneering women who are Anchoring the New Schools in some tangible way on a daily basis. Leonie, Tujia and Leia shared their stories, pictures and words of wisdom in a way that allowed the group to imagine the future now.

The day continued in the true spirit of Venus with two plenary sessions that explored the role of Venus in the development of Human Consciousness and delved into its role in Mayan Science. We learned of the great achievements of humanity through the ages and were offered incentive to explore this in our own lives and in the choices we make each day.

After lunch we were treated to several workshop choices that offered in-depth exploration into ‘*The Way of The Heart*’ with Ann and Brenton Phyllis, Bio-feedback with Joy Breayley, Chinese Astrology with Malvin Artley and Sacred Geometry with Wim Oosterhoff. These were all OUTSTANDING presentations and it was very difficult to choose which to attend.

Sunday concluded with a group ritual and service that was designed to help anchor the one Work in NZ and the World. It acknowledged the work that is happening and gave hope of what is to come through the individual lights of all involved.

Monday was a day of science and the in-depth presentations by Tom Brophy and

Elisabet Sahtouris opened us all to the inclusive approach that many of the new scientists are taking in the development of humanity. These were amazing presentations and I encourage you to order the CD so you too can experience their insight and vision for the future. Workshops followed and these allowed participants to explore the Plenary sessions in more detail.

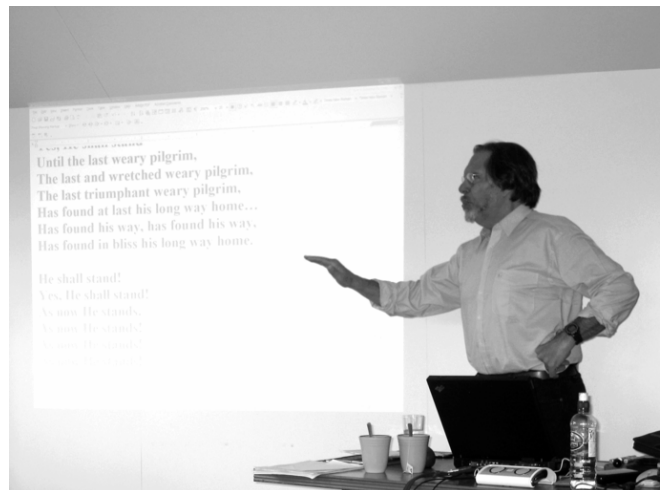
The final session was an animated group experience that gave us all an overview of how we see and experience the world. It concluded with a united vision of New Zealand's participation in and hosting of the 1st world Conference for Sustainable Energy. Many ideas were put forth and there was a strong individual and group commitment to participating in small grassroots events through out NZ during the conference in 2006.

Throughout the conference participants painted stones and decorated banners that were used in the closing ceremony to anchor the energy of the conference.

**Special THANKS to everyone who 'just showed up' and to the presenters and speakers who gave their time, energy and support - we are very grateful... without you all there would not be a conference!**

This was the 5th biannual conference for Humanity so *The Note* has sounded for over 10 years! These conferences offer a quality that is not often seen in other forums and I can only encourage you to join us for the next one in 2007 so that you may experience it for yourself. (Ngarie)

All Great Hall Plenary sessions have been recorded and are available on CD. Cost \$30/day. Please contact  
**Christ College of Trans-Himalayan Wisdom Office**  
 30 Rutland St. St Albans.  
 PH 03 3551395 FAX 03 355 1396



Conference Closing and Cosmic Fire Pics!.

Sender:



**CHRIST COLLEGE**  
OF TRANS-HIMALAYAN WISDOM  
30 Rutland St. St Albans  
Christchurch New Zealand

p

l  
e  
a  
s  
e

*Last words....*

Meditations are held upstairs at  
The Arts Centre each New and Full Moon.

**Book now for the 2006 Meditation Retreats- Treat yourself.**

December 25<sup>th</sup> is "International Kindness Training Day"

February is Forgiveness month.